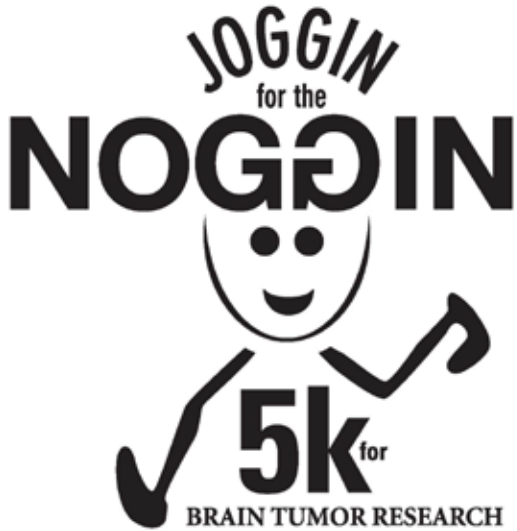


THE KRISTIN CORRIGAN



All proceeds benefit the National Brain Tumor Society!

Meet us at Tuckahoe Little League Park to go joggin!
2400 Little League Drive, Richmond, VA 23233

Saturday October 17th 9:00am

Entry Fee: \$15.00 for pre-registration runners. \$20.00 on Race day. Each participant will receive a short sleeved race t-shirt.

Race Day Registration: Begins at 8:00am on race day at the Tuckahoe Little League Pavilion. Registration will close promptly at 8:45.

Packet Pick Up: Friday, October 16th from 4:00–7:00pm at VA Sports Med and PT, 3413 Cox Road (at the corner of Cox and Three Chopt).

Post-Race: Refreshments for runners after race at race headquarters. Awards ceremony will follow as soon as possible after race completion.

Mail Form and Entry Fee To:

Joggin for the Noggin
5221 Rachel Lake Ln.
Glen Allen, VA 23060

For Further Information Visit the Joggin for the Noggin Website:

www.jogginforthenoggin.net

Email any questions to: info@jogginforthenoggin.net

Make Checks Payable To: **The National Brain Tumor Society** (add in memo Joggin for the Noggin)

Last name _____ First Name _____

Address (street, city, state, zip)

Phone _____ Email Address _____

T-shirt Size (circle one): S M L XL Male _____ Female _____ Age on 10/17/09 _____

Waiver must be signed - I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with this event, including traffic concerns. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Joggin for the Noggin, Tuckahoe Little League, Henrico County Parks and Recreation and other sponsors and their representatives and successors from all claims and liabilities of any kind arising out of my participating in this event, even though liability may arise out of negligence or carelessness on the part of the persons named in the waiver.

Signature (Guardian if under 18)

Date